

Shopping List

Want to recreate Abigail's showstopping 2022 Christmas menu? Print out this shopping list, circle or highlight the recipes you're tackling, and head to the shops armed and ready.

AIR-FRIED GAMMON WITH TAMARIND-BROWN SUGAR GLAZE AND PICKLED NECTARINES

- gammon 1 kg
- fresh tamarind 3 T
- treacle sugar 6 T
- golden syrup 4 T
- ripe nectarines 10
- red wine vinegar 1 cup
- cranberry juice 3 cups
- black peppercorns 6
- bouquet garni 1

ICY ICEBERG WEDGE SALAD WITH CELERY LEAF PESTO AND PECAN CRUNCH

- iceberg lettuces 2
- pecorino 100 g
- garlic 2 cloves
- celery leaves 100 g
- Italian parsley 15 g
- lemon 1
- olive oil ¼ cup
- salt
- pecan nuts 100 g
- sugar 120 g

CHATEAUBRIAND STUFFED WITH FIG, SOURDOUGH AND TRUFFLE WITH CHARRED ONIONS

- beef fillet 1.5 kg
- butter or duck fat 3 T
- sea salt
- freshly ground black pepper
- olive oil 2 T
- garlic 3 cloves
- dried figs 12
- Woolworths ready-cooked barley
- 1 x 250 g packet
- sourdough 8 slices
- thyme 6 sprigs
- truffle oil 3 T
- red or white onions 6
- butter 3 T

PAN-ROASTED PRAWNS WITH BAGNA CAUDA DRESSING AND CREAMY DILL CUCUMBERS

- Woolworths freshly frozen uncooked large black tiger prawns 32
- olive oil 2 T
- olive oil 1 cup
- butter 8 T
- anchovy fillets 16
- garlic 4 cloves
- pitted black olives 16
- garlic 2 cloves
- dill 20 g
- lemon zest 1 t
- medium cucumbers 2
- plain yoghurt 2 cups
- salt

THREE-ONION TART

- butter 4 T
- onions 4
- baby leeks 4
- balsamic vinegar 3 T
- salt
- Woolworths puff pastry 2 x 250 g sheets
- Woolworths onion sprinkle 30 g

CHICKEN LIVER PÂTÉ WITH SHERRY JELLY

- butter 2 T
- onion
- garlic 3 cloves
- sage leaves 4
- free-range chicken livers 250 g
- cream 1 cup
- salt
- fresh bay leaves or thyme
- sliced gherkins
- gelatine powder 2 t
- water ¼ cup
- sweet sherry 1 cup

SPARKLING MELON GIN FIZZ

- melon 1
- gin 8 tots
- Prosecco 3 cups

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CHOC-FUDGE PUFF TOWER

- milk 2 cups
- butter 230 g
- caster sugar 2 t
- flour 280 g
- free-range eggs 10
- butter 75 g
- treacle sugar 75 g
- cream 6 T
- cream 1 cup
- Woolworths dark chocolate
- drops 1 x 250 g packet
- good-quality dark chocolate
- 2 x 100 g slabs, melted

ROASTED SMASHED BRUSSELS SPROUTS WITH MINT SAUCE BUTTER

- Brussels sprouts 700 g
- olive oil 2 T
- butter 2 T plus 125 g
- mint sauce 70 g
- mint, to garnish
- salt, to taste

RAW BABY MARROW WITH WHIPPED GOAT'S CHEESE AND BASIL SAUCE

- chevin 2 x 100 g logs
- large baby marrows 12
- garlic 2 cloves
- lemon zest 1 t
- basil 15 g
- plain yoghurt 1 cup
- crème fraîche 1 cup
- lemon juice 2 T
- olive oil ¼ cup
- chives 15 g
- salt

CREAMY CABBAGE GRATIN

- cabbage 1
- garlic 4 cloves
- cream 1 cup
- butter 3 T
- Parmesan 100 g
- sea salt
- freshly ground pepper

TROUT CRUDO, ORANGE HORSERADISH AND CRUNCHY CAPERS

- Woolworths rainbow trout
- portions 500 g
- orange juice 1 cup
- Woolworths horseradish sauce 2 T
- crème fraîche 1 cup
- sunflower oil 1 cup
- capers 100 g
- Woolworths rainbow trout skin salt and vinegar-flavoured crisps 2 x 35 g packets
- Woolworths trout pearls 50 g

CHRISTMAS CAKE AND RUM-SOAKED CHERRY SEMIFREDDO

- cherries 1 x 400 g punnet
- rum ½ cup
- caster sugar 400 g
- free-range egg yolks 10
- vanilla extract 2 T
- cream 4 cups
- Christmas cake 200 g
- 70% dark chocolate 200 g

DUCK FAT POTATO-AND-PEAR GALETTE

- potatoes 12
- pears 6
- sage 12 leaves
- thyme 8 sprigs
- rosemary 4 sprigs
- butter 6 T
- salt
- wholegrain mustard 1 T