FARM-TO-TABLE MENU



Shopping Dist

Created by Vygie Kitchen and Dining Room, set on Oaklands Farm near Wellington, this menu is a true celebration of family-style food.

neground flour 120 g a pinch d butter 90 g d water 2 T red butter 85 g ter sugar 100 g ond flour 150 g or 2 t inflour 1 t e-range egg 1 e-range egg white 1 ond extract 1 t ra pinch	GR	garlic 1 head sea salt freshly ground black pepper RAPE SALAD extra virgin olive oil lemon juice honey 1 T Dijon mustard 1 T		Woolworths oak-smoked trout ribbons 400 g Italian parsley 10 g Iemon 1 crème fraîche 1 x 250 ml tub freshly ground black pepper a generous pinch olive oil Iemon wedges
d butter 90 g d water 2 T red butter 85 g ster sugar 100 g ond flour 150 g or 2 t onflour 1 t e-range egg 1 e-range egg white 1 ond extract 1 t	GR	sea salt freshly ground black pepper RAPE SALAD extra virgin olive oil lemon juice honey 1 T Dijon mustard 1 T		ribbons 400 g Italian parsley 10 g Iemon 1 crème fraîche 1 x 250 ml tub freshly ground black pepper a generous pinch olive oil
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ond flour 150 g ur 2 t nflour 1 t e-range egg 1 e-range egg white 1 ond extract 1 t		extra virgin olive oil lemon juice honey 1 T Dijon mustard 1 T		a generous pinch olive oil
or 2 t nflour 1 t e-range egg 1 e-range egg white 1 ond extract 1 t		lemon juice honey 1 T Dijon mustard 1 T	_	
e-range egg 1 e-range egg white 1 ond extract 1 t		lemon juice honey 1 T Dijon mustard 1 T		lemon wedges
e-range egg white 1 ond extract 1 t		honey 1 T Dijon mustard 1 T		
ond extract 1 t	_			
a pinch		dried oregano 1 T		
		salt		
eberries 180g		freshly ground black pepper		
am or vanilla ice cream		garlic 1 clove		
		celery 1 stick, chopped		
		Mediterranean cucumber 1		
SMASHED POTATOES WITH GREEN OLIVES,		blue cheese (De Leeuwen or another semi-		
		soft blue cheesel 200 g		
CAPERS AND LEMON		radishes a small bunch		
oolworths small Apache potatoes		seedless grapes 2 cups		
2 T		olive oil 2 T		
e oil		cos lettuce hearts 2		
shly ground black pepper		Woolworths wild rocket 2 x 30 g packets		
pers 100 g				
on 1				
ed green Manzanilla olives 200 g				
	GREEN OLIVES,	BHED POTATOES GREEN OLIVES, BRS AND LEMON Colworths small Apache potatoes 2 T e oil Shly ground black pepper Deers 100 g on 1 ed green Manzanilla olives 200 g	celery 1 stick, chopped Mediterranean cucumber 1 blue cheese (De Leeuwen or another semi- soft blue cheese) 200 g radishes a small bunch solworths small Apache potatoes 2 T e oil shly ground black pepper bers 100 g on 1 ed green Manzanilla olives 200 g	celery 1 stick, chopped Mediterranean cucumber 1 blue cheese (De Leeuwen or another semi- soft blue cheese) 200 g radishes a small bunch solworths small Apache potatoes 2 T e oil shly ground black pepper pers 100 g on 1 celery 1 stick, chopped Mediterranean cucumber 1 blue cheese (De Leeuwen or another semi- soft blue cheese) 200 g radishes a small bunch seedless grapes 2 cups olive oil 2 T cos lettuce hearts 2 Woolworths wild rocket 2 x 30 g packets were 100 g on 1 ed green Manzanilla olives 200 g

free-range chicken 1
water 3 litres
salt 6 T
plum jam 3 T
olive oil 3 T

☐ dried thyme 3 T

□ onion